

COUNSELING (CSL)

CSL 377 | SOCIAL EMOTIONAL LEARNING IN THE MIDDLE GRADES | 4 quarter hours (Undergraduate)

This course introduces social-emotional learning standards and their relevance and application to middle grades content area classrooms. Topics addressed include the relationship between social emotional learning and classroom management as well as bullying and cyberbullying in school communities. Co-requisites for this course are MGE 341, MGE 351 and MGE 361. In this course, students will: 1.

Senior status and Advanced Teacher Candidate Standing are prerequisites for this class.

CSL 451 | LEGAL AND ETHICAL ISSUES IN COUNSELING | 4 quarter hours (Graduate)

Professional counseling involves interplay of ethics, personal values and legal implications of practice. A core component of the course is a focus on how personal values intersect with ethical decision-making. Ethical codes and ethical decision-making models related to the profession are studied so that the students will have the knowledge of professional ethical practice. An examination of local and federal laws in relation to the previously mentioned components will be examined. Students engage in case conceptualization, small group activities, role-playing with lectures, and video technology.

Admission to the Counseling Masters Program is a prerequisite for this course.

CSL 452 | INTRODUCTION TO THE COUNSELING PROFESSION | 4 quarter hours (Graduate)

This introductory course provides students with a broad yet comprehensive overview of the Counseling profession. Through lectures, discussions, activities, and group work, students learn and apply core concepts and aspects of counseling including basic counseling skills, advocacy, multiculturalism, ethics, evaluation, and assessment. For most of the primary topics covered, students will take a full course on them later in the program.

Admission to the Counseling Masters Program is a prerequisite for this course.

CSL 454 | CAREER COUNSELING | 4 quarter hours (Graduate)

This course introduces students to methods for assisting individuals in choosing, preparing for, and progressing in a career. Vocational testing and sources for occupational information are explored and technology tools designed for career exploration are demonstrated. The study of vocational behavior in relation to career patterns is also considered, with special attention to the analysis of empirical data and theories pertaining to vocational choice.

CSL 461 AND CSL 466 are prerequisites for this course.

CSL 458 | GROUP COUNSELING | 4 quarter hours (Graduate)

This course includes the study and ethics of group process, theoretical application, leadership and membership styles and problems such as conflict resolution. Students will engage in a regular group experience as a part of the course. In addition, opportunities to observe and participate in group work in the community are also part of the course. In addition, CSL 501 Counseling Skills must be taken either before or concurrently with CSL 458 Group Counseling.

CSL 467 AND CSL 501 are prerequisites for this course.

CSL 461 | TESTING AND APPRAISAL | 4 quarter hours (Graduate)

This course includes a detailed analysis of intelligence, aptitude, personality, and achievement tests used with groups and individuals. The course is intended to familiarize students with various appraisal procedures and their utilization. Attention is given to the development of the institutional testing program.

CSL 458 AND CSL 510 are prerequisites for this course.

CSL 466 | ADDICTION COUNSELING | 4 quarter hours (Graduate)

This course seeks to develop skills and understanding relevant to the assessment and treatment of addictions. The major alternative assessment approaches and treatment interventions for addictions are surveyed and analyzed.

Admission to the Counseling Masters Program and a grade of B- or better in CSL 451 and CSL 452 are prerequisites for this course.

CSL 467 | COUNSELING THEORIES | 4 quarter hours (Graduate)

This course reviews counseling a broad range of counseling theories. Counseling techniques and process derived from these various counseling theories will be used in classroom experiences and with follow-up assignments. Students will begin to develop their own theoretical orientation. Theoretical frameworks will be considered for a variety of counseling contexts.

Admission to the Counseling Masters Program and a grade of B- or better in CSL 451 and CSL 452 are prerequisites for this course.

CSL 475 | COLLEGE AND CAREER READINESS COUNSELING FOR SCHOOL COUNSELORS | 4 quarter hours (Graduate)

This course provides an introduction to college and career readiness counseling in the school context. Students are introduced to career theories and resources, as well as strategies to promote access and readiness for postsecondary education.

Admission to the Counseling Masters Program and a grade of B- or better in CSL 451 and CSL 452 are prerequisites for this course.

CSL 477 | SOCIAL EMOTIONAL LEARNING IN THE MIDDLE GRADES | 4 quarter hours (Graduate)

This course introduces social-emotional learning standards and their relevance and application to middle grades content area classrooms. Topics addressed include the relationship between social emotional learning and classroom management as well as bullying and cyberbullying in school communities. Co-requisites for this course are MGE 441, MGE 451 and MGE 461. In this course, students will: 1. **MGE 421 and Advanced Teacher Candidate Standing are prerequisites for this class.**

CSL 480 | SPECIAL TOPICS IN COUNSELING | 1 quarter hour (Graduate)

The content and format of this course are variable. This course includes an in-depth study of a specific topic in counseling. Subject matter will be indicated in the class schedule. (1 credit hour)

A grade of B- or better in CSL 451 and CSL 452 are prerequisites for this course.

CSL 481 | SPECIAL TOPICS IN SCHOOL COUNSELING | 2 quarter hours (Graduate)

The content and format of this course are variable. This course includes an in-depth study of a specific topic in counseling. Subject matter will be indicated in the class schedule.

CSL 521 is a prerequisite for this course.

**CSL 482 | SPECIAL TOPICS IN COUNSELING: | 4 quarter hours
(Graduate)**

The content and format of this course are variable. This course includes an in-depth study of a specific topic in counseling. Subject matter will be indicated in the class schedule.

CSL 489 is a prerequisite for this course.

**CSL 483 | COUNSELING INTERVENTIONS AND TREATMENT PLANNING | 4 quarter hours
(Graduate)**

This course provides students with an introduction to empirically supported treatments for specific disorders occurring across the lifespan. Opportunities for hands-on practice with several treatments are required.

CSL 489 AND CSL 454 are prerequisites for this course.

**CSL 484 | ISSUES IN CLINICAL MENTAL HEALTH COUNSELING | 4 quarter hours
(Graduate)**

This course provides students with a review of up-to-date information on the issues related to community and clinical mental health counseling including but not limited to outcome evaluation, prevention and wellness strategies, advocacy strategies, counselor roles, reimbursement, paperwork, and referral processes.

CSL 556 AND CSL 552 are prerequisites for this course.

**CSL 485 | SEXUALITY COUNSELING | 4 quarter hours
(Graduate)**

This course provides students with an overview of human sexual development and the assessment and treatment of various sexual issues and disorders. Topics covered include common development of human sexuality, sexual concerns, sexual behavior, sexual orientation, gender identity, diagnostic and assessment techniques, treatment planning, and therapeutic interventions for individuals and couples.

CSL 484 AND CSL 553 are prerequisites for this course.

**CSL 489 | PSYCHOPATHOLOGY | 4 quarter hours
(Graduate)**

This course provides students with an overview of normal and abnormal personality and behavior, and the DSM-5 and ICD classifications and descriptions of mental health disorders. Specific attention is given to diverse cultural perspectives in diagnosis and assessment.

CSL 461 is a prerequisite for this course.

**CSL 490 | FOUNDATIONS OF STUDENT AFFAIRS | 4 quarter hours
(Graduate)**

The course examines historical and philosophical elements relative to the role of student affairs in higher education as well as the impact of changing demographics on current trends pertinent to the management of student affairs. The course also provides students with theoretical and practical knowledge about organization structure, services, and faculty/staff/administrative functions in student affairs.

Admission to the Counseling Masters Program and a grade of B- or better in CSL 451 and CSL 452 are prerequisites for this course.

**CSL 491 | CONTEXTUAL DIMENSIONS OF COLLEGE STUDENT DEVELOPMENT | 4 quarter hours
(Graduate)**

This course examines the impact of institutional mission and state and national policies on access, retention and graduation rates. Organizational change, decision-making and conflict resolution strategies are explored within the context of strategic planning, organizational structure and leadership style and management. Personnel selection, management theories and performance evaluations are also studied. Various assessment practices are reviewed and analyzed. Within this framework, student demographics, campus culture and student development theory (traditional and contemporary) are examined.

Admission to the Counseling Masters Program and a grade of B- or better in CSL 490 are prerequisites for this course.

**CSL 492 | PROGRAM DEVELOPMENT IN STUDENT AFFAIRS | 4 quarter hours
(Graduate)**

This course explores models for designing, managing, and evaluating student affairs programs, including the use of technological applications. Students become familiar with models and methodologies of program development and implementation in higher education and understand how to use professional standards and other resources for program development.

Admission to the Counseling Masters Program and a grade of B- or better in CSL 491 are prerequisites for this course.

**CSL 501 | COUNSELING SKILLS | 4 quarter hours
(Graduate)**

This course is designed to provide students with a comprehensive application and integration of the basic counseling skills used in the helping profession. Skills emphasized in the course include: active listening, attending, rapport building, empathy, paraphrasing, confrontation, reflection, and goal setting. These skills enable students to establish a helping relationship with a client, facilitate the client's self-exploration and engagement in counseling, and encourage the client's active progression towards achieving specified counseling goals. Students practice basic counseling skills and participate in in-vivo role-play through laboratory exercises in the Education and Counseling Center (ECC). The instructor gives feedback on skill development to students during face-to-face consultation and through the viewing of videotaped sessions.

Admission to the Counseling Masters Program and a grade of B- or better in CSL 451 and CSL 452 are prerequisites for this course.

**CSL 510 | MULTICULTURAL COUNSELING | 4 quarter hours
(Graduate)**

This course is designed to provide students with a basic foundation in multicultural counseling with an emphasis on culturally proficient counseling practices. Students learn multicultural models and counseling interventions for working with culturally and linguistically diverse populations. Attention is given to issues such as worldview, acculturation, racial/ethnic identity, culture-centered interventions, and various dimensions of diversity. Role play is used throughout the course to provide students with a more in-depth application of culturally responsive services.

CSL 467 AND CSL 501 are prerequisites for this course.

**CSL 511 | SUPERVISION | 1 quarter hour
(Graduate)**

This course is an introduction to the theory and practice of supervision in the Counseling profession. There is a focus on developing the basic skills necessary for the effective supervision of counselors. (1 credit hour)

Admission to the Counseling Masters Program and a grade of B- or better in CSL 451 and CSL 452 are prerequisites for this course.

**CSL 513 | CONSULTATION FOR COUNSELORS | 1 quarter hour
(Graduate)**

This course focuses on the theory, techniques, practice and skill development needed to effectively provide consultation in communities and schools. Emphasis is on the application of consultation, collaboration and the role of the consultant. (1 credit hour).

Admission to the Counseling Masters Program and a grade of B- or better in CSL 451 and CSL 452 are prerequisites for this course.

**CSL 514 | CRISIS INTERVENTION FOR SCHOOL COUNSELING | 4 quarter hours
(Graduate)**

This course provides students with an understanding of the principles of crisis intervention and crisis management with a focus on the school setting. Working with individuals and groups in crisis is significantly different than other counseling situations, both in the characteristics of the clients and in the types of intervention strategies employed.

This course provides the skills and knowledge needed to employ crisis intervention strategies in school settings.

CSL 522 AND CSL 489 are prerequisites for this course.

**CSL 515 | CRISIS INTERVENTION AND TRAUMA COUNSELING | 4 quarter hours
(Graduate)**

This course provides students with an understanding of the individual in crisis and the impact of trauma. Students develop the knowledge and skills needed to access and treat both the acute and long-term effects of trauma. Subjects such as disaster response, psychological first-aid, and evidence-based treatment models are examined and students explore perspectives on the causes and prevention of trauma as it applies to the individual, family, local, national, and international community. The role of power and oppression in the experience of trauma within family, socio-political, and ethno-cultural systems is also addressed.

CSL 461 AND CSL 466 are prerequisites for this course.

**CSL 519 | FOUNDATIONS OF READING LITERACY & SPECIAL EDUCATION FOR SCHOOL COUNSELORS | 4 quarter hours
(Graduate)**

This course introduces students to special education law including relevant legislation, cases, and regulations. Students also learn about the development, monitoring, and implementation of IEPs as well as reading literacy. In addition, this course addresses the school counselor's potential role in the evaluation, referral, monitoring, and consultation of students with special needs.

CSL 553 is a prerequisite for this course.

**CSL 520 | COUNSELING CHILDREN AND ADOLESCENTS | 4 quarter hours
(Graduate)**

This course considers the theoretical foundations of working with children and adolescents. It addresses developmentally appropriate counseling perspectives and interventions. Emphasis is on the child/adolescent in various systemic contexts, multicultural factors, specific child/adolescent problems, and the role of the school counselor in helping to prevent and remediate them.

Admission to the Counseling Masters Program and a grade of B- or better in CSL 451, 452, 467 and 501 are prerequisites for this course.

**CSL 521 | CONTEXTUAL DIMENSIONS OF SCHOOL COUNSELING | 4 quarter hours
(Graduate)**

This course addresses the role of the school counselor and provides an understanding of the coordination of counseling program components as they relate to the school and the wider community. Students explore the various roles of the school counselor as advocate, leader, consultant, collaborator and counselor. The developmental approach to school counseling programs and the Transformed School Counseling Initiative are introduced and integrated throughout the course. Students must take CSL 521 and CSL 522 consecutively.

CSL 520 AND CSL 458 are prerequisites for this course.

**CSL 522 | DELIVERY OF COMPREHENSIVE DEVELOPMENTAL SCHOOL COUNSELING PROGRAMS | 4 quarter hours
(Graduate)**

This course focuses on the comprehensive development, delivery, and evaluation of school counseling programs based on the Illinois state model and the American School Counselor Association national model. Students learn strategies to develop school counseling programs that align with school wide goals, to promote the value of counseling activities and programs, to plan for and present school counseling core curricula, and to use data to effect systemic change. Students must take CSL 521 and CSL 522 consecutively.

CSL 521 is a prerequisite for this course.

**CSL 523 | LEARNING AND CLASSROOM MANAGEMENT FOR SCHOOL COUNSELORS | 4 quarter hours
(Graduate)**

This course explores current learning frameworks in education and education reform movements that impact learning and classroom management. The history of foundational learning approaches is also covered particularly those from the 19th and 20th centuries. Classroom management models and theories of inner discipline and consistency management are discussed so that the school counselor can assist educators and parents in home-school management of youth. Students develop original lesson plans, and observe and interview current educators as a part of this course.

CSL 475 is a prerequisite for this course.

**CSL 552 | PRACTICUM IN COUNSELING | 4 quarter hours
(Graduate)**

The practicum course is the initial professional practice experience for the CSL student. The student begins to see her- or himself as a counselor-in-training in an actual counseling setting and will develop and continue to work on mastery of counseling skills in a clinical setting.

CSL 467, CSL 458, CSL 489, CSL 501 AND CSL 510 are prerequisites for this course.

**CSL 553 | INTERNSHIP IN COUNSELING | 4 quarter hours
(Graduate)**

After the completion of required courses and consultation with one's advisor, the student-intern is approved to be in a professional practice site such as a school, community agency, college or university. The student-intern functions under the joint supervision of a professionally qualified site supervisor and a university faculty supervisor. A structured contract requires specific experiences and expectations of the student, site, and University, and is signed by all parties. Ongoing reflective seminars are a part of the internship experience and are related to concentration specific topics and the skill and process development of students as well as a research component.

CSL 552 is a prerequisite for this course.

CSL 554 | INTERNSHIP IN COUNSELING II | 4 quarter hours

(Graduate)

This course is a continuation of Internship I. The student-intern continue under supervision of the site supervisor and university faculty supervisor using a structured contract, with a research component. Note: School Counseling students must have also meet the 235 testing requirement for this course.

CSL 553 is a prerequisite for this course.

CSL 555 | INTERNSHIP IN COUNSELING III | 4 quarter hours

(Graduate)

This course is a continuation of Internship II. The student-intern continues under supervision of the setting supervisor and University faculty supervisor using a structured contract, with a research component.

CSL 554 is a prerequisite for this course.

CSL 556 | COUPLES AND FAMILY COUNSELING | 4 quarter hours

(Graduate)

This course focuses on providing theoretical formulations and practical illustrations applicable to the practice of marriage and family counseling. Students engage in role-playing, case study, and observation of counseling techniques. Skills expected in this course include understanding the process of marriage and family counseling and the role of the counselor in the marriage and family setting. Students will learn to develop effective marriage and family strategies, and to conduct complete case analysis.

Admission to the Counseling Masters Program and a grade of B- or better in CSL 451 and CSL 452 are prerequisites for this course.

CSL 558 | INDEPENDENT STUDY IN COUNSELING | 1-4 quarter hours

(Graduate)

Admission to the Counseling Masters Program and the permission of instructor, department chair and associate dean are required for this course. (1 credit hour)

Admission to the Counseling Masters Program is a prerequisite for this course.

CSL 559 | THESIS RESEARCH IN COUNSELING | 0 quarter hours

(Graduate)

A student writing a thesis registers for this non-credit course. Where the thesis research and the writing of the thesis itself are prolonged beyond the usual time, the program advisor may require the student to register for additional credit. (0 credit hours)

SCG 410, thesis, advanced Mast

CSL 600 | REGISTERED STUDENT IN GOOD STANDING | 0 quarter hours

(Graduate)

Registration in this course is open to students who are not registered for any other courses but need to complete requirements/assignments for previously taken courses. It provides access to University facilities. Permission of advisor required. (0 credit hours)

Status as a Graduate Education student is a prerequisite for this class.

CSL 625 | CANDIDACY CULMINATING PROJECT (STUDENT IN GOOD STANDING) | 0 quarter hours

(Graduate)

Registration in this course is required of all students who are not enrolled in a course but are completing culminating projects for their program of study, including theses, papers, and final portfolios. This course provides access to university facilities. Permission of an advisor is required and registration is limited to three terms. (0 credit hours)

Status as a Graduate Education student is a prerequisite for this class.