**LLS 410 | AGENCY EFFECTIVENESS | 4 quarter hours (Graduate)**

Seminar sections in this domain aim to explore various dimensions/dynamics associated with knowing, developing and engaging oneself as an agent in one’s experience and contribution. Central questions include: Who am I and/or who am I having myself be? Who am I becoming and/or who am I having myself become? What habits of mind, attitude and behavior am I choosing and reinforcing versus becoming victim to and stuck within? Am I living my life or is my life living me? etc. Embedded in these questions are core concepts regarding personal efficacy, empowerment and accountability.

**LLS 410B | BUILDING & ENGAGING RESILIENCE (IN ADULT LIFE) | 4 quarter hours (Graduate)**

An ancient proverb reads: “Fall down seven times. Stand up eight.” But how? What’s involved in such flexibility, adaptability, tenacity, hardness and resilience? What understandings, values and skills help? How does one develop these and nurture them across an adult lifetime? Through this seminar, participants will explore various concepts, models and “best practices” for growing, rebounding and self-guarding one’s resilience - given the challenges and uncertainties of adult life.

**LLS 410C | VOICES AND IDENTITY IN WRITING | 4 quarter hours (Graduate)**

The course will examine the power of the written word and the ways in which modern writers from various outlets (including mass-media) from diverse communities and fields represent their cultures, styles and passions for writing through their works. Students will explore these modern writers and examine some of their favorites as well as lesser-known authors while being challenged to understand and apply their own voice, identity and writing in multiple styles - with conventions and boundaries of academic style and without those boundaries. Students will analyze and identify and apply various styles, processes and motivation which keeps a writer going. This course will challenge students to use the learning and framework to build their own diverse writing portfolio.

**LLS 420A | ENGAGING SOCIAL MEDIA | 4 quarter hours (Graduate)**

Social Media is essentially communication to the world. For the first time in the history of human communication, an individual has the ability - using the latest channels - to connect with anyone and everyone in the world. There have been many examples of the power of this media as we witnessed the events of the Arab Spring. This course will empower you to engage with the most important channels at your disposal to maximize your social media experience. We will investigate many questions including: What’s in it for me? But, more importantly, how will this help me in my future business endeavors and personal life.
LLS 440A | UNDERSTANDING AND FLEXING MINDSETS | 4 quarter hours (Graduate)
A mindset is a set of mind - a mental aggregate - that fixes thinking into a narrowed range of perceiving and behaving. Our expectations then conform and we indulge behaviors that align with those expectations. The mindset then sets the mind. Through this seminar we will explore both how mindsets (e.g. a fixed mindset vs a growth mindset) form and their benefits and liabilities. We will also consider dynamics and strategies involved in shifting/managing mindsets in order to develop/engage new approaches to learning, decision making, problem-solving and optimizing positive influence in various spheres of impact (personal, interpersonal, organizational and societal).

LLS 440B | LATINX CHICAGO | 4 quarter hours (Graduate)
Through readings, films, pod-casts and field trips, his course will explore the histories, identities, and experiences of Chicago's diverse Latinx populations through an interdisciplinary and multidisciplinary framework. In this course, we will study the history, formation and diverse cultures of Chicago's Latinx communities. We will investigate how Latinx groups define themselves and make sense of their immigration/migration experience. We will study the settlement patterns of these groups, explore questions of community formation, and study issues of housing, employment and education. This course will also explore how the diverse communities that make up Latinx Chicago have organized themselves politically and civically and how they have contributed to addressing issues within their communities and enhancing our City. We will study and use immigration as well as ethnic formation theories to understand Chicago Latinx realities. Because Mexican, Puerto Rican and Central Americans represent the largest Latinx groups in the Chicago metro region, we will focus our studies on these communities. You will, however, have opportunities to study other Latina/o/x groups as well.

LLS 440C | TRAVEL, VALUES & IDENTITY | 4 quarter hours (Graduate)
Sit at the gate at any airport waiting for a flight and you may find a vacationer, a business traveler, a commuter, and an immigrant heading toward a new home - all about to board the same plane. Stand in the immigration line after disembarking, and each of these travelers might have a very different experience. This seminar explores the concept of 'travel' and the deeper significance behind our own and others' choices concerning physical movement from place to place. We will consider topics ranging from 'enjoying the view,' curiosity, and the mundane to ideas of the exotic, expectations, conflict, privilege, and choice versus forced removal - all within the context of travel. While this is not a travel course, experiential travel components will be built into some class sessions. Through in-class activities, selected readings, written assignments, and participant/observer field trips, students will be asked to reflect on their own and others' travel experiences. The goal is that students will emerge with an expanded awareness of travel not just as journey and destination, but also as mindset and learning experience; in turn, this can inform one's identity, choices and relationships as global citizens.

LLS 450A | FINDING & ASSESSING INFORMATION | 2-4 quarter hours (Graduate)
This domain includes methods and processes of systematic inquiry regardless of domain. Adults must be able to engage in self-directed inquiry in order to understand and act effectively in their personal, professional, social, and civic lives. In this domain, students learn methods for systematically and strategically exploring questions, problems, ideas, and experiences. Central questions include: How do I formulate viable questions? What information do I need to understand a problem and what is the best way to obtain it? What are different ways to analyze an idea? How can I make sense of what I have experienced? Seminar sections in this domain might address topics such as strategies and methods for generating and utilizing primary research, gathering and managing information, analyzing and presenting data, pursuing targeted methods of inquiry, etc. (2 quarter hours)

LLS 450B | APPLYING SYSTEMATIC INQUIRY (IN PROFESSIONAL PRACTICE) | 4 quarter hours (Graduate)
The two required sections in this domain, LLS-450a & LLS-450b, aim to explore various dimensions/dynamics associated with investigating sources of information and conducting primary research. Central questions include: How do I formulate incisive questions? How do I find and gather relevant and credible information? How do I assess/analyze information and its sources, including my own experience as a source? How do I make sense of confirming and disconfirming information? How do I differentiate knowledge from opinion from reasoned judgment? Embedded in these questions are core concepts regarding the authority of systematic observation/inquiry and evaluated experience.